

# **Winter Warmers: Over 60 Warming Recipes Low In Points (Weight Watchers) By Wendy Veale;Weight Watchers**

## **By Wendy Veale;Weight Watchers**

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I'm on an average of 1,500--with low days and high days. I can eat way over 2,000 if That's why I like Weight Watchers so When I was warming up on the

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Wendy Veale is a freelance home economist and cookery writer. She has written several Weight Watchers cookbooks.

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